

# HAPPY ANNIVERSARY!

## AUGUST IS THE ONE-YEAR ANNIVERSARY OF . . .

the arrival of our deacon Ty Jones, a tall fellow who has quickly fit in with this parish, quietly befriending us over the course of this past year. He has preached sermons, attended Vestry meetings, and performed humbly the ministry of deacon. We are thankful that he is here and hope he stays a very long time with us.

Just a few words of background: Ty and his wife Carol moved to Asheville in 2016 from Florida. Ty was born in Western Pennsylvania and grew up on a large farm. His religious roots are Catholic. He and his wife became Episcopalians in 2000. Ty was one of the first three permanent deacons ordained at Washington National Cathedral. Before coming to to ECHS he was a deacon at All Souls' Cathedral in Asheville.

**OCTOBER 15-17, 2021**

**What is so special  
about this date?  
See page 5.**

## The One-Column August Calendar

**Every Tuesday ~ Evening Prayer via  
Zoom at 7:00 p.m.**

**Every Wednesday ~ Centering Prayer  
via Zoom at 10:00 a.m.**

**Every Thursday ~ Evening Prayer via  
Zoom at 7:00 p.m.**

**Every Sunday ~ Morning Prayer via  
Zoom at 10:30 a.m.**

### **Other:**

**2 ~ The Ninth Sunday After Pentecost**

**9 ~ The Tenth Sunday After Pentecost**

**16 ~ The Eleventh Sunday After  
Pentecost**

**20 ~ Black Jesus Book Group via Zoom  
at 10:00 a.m.**

**23 ~ The Twelfth Sunday After  
Pentecost**

**25 ~ Vestry meeting at 5:00 p.m. via  
Zoom**

**30 ~ The Thirteenth Sunday After  
Pentecost**

## **THE EUCHARISTIA**

**From**

## **THE BOOK OF MYSTERIES**

**A Daily Devotional containing 365 mysteries**

**By Jonathan Cahn**

We were sitting by the fire at night. The teacher had in his hand a piece of *matzah* (unleavened bread). He took off a piece and handed the rest to me. We partook.

"The bread of the Passover, as Messiah gave to His disciples at the Last Supper."

"Communion," I said.

"Which is from the Passover," he said.

"And do you know what some call the bread?"

"The Eucharist," I replied.

"Yes. And do you know where that word comes from? It comes from the Greek word *eucharistia*. It appears in the Scriptures. But it has nothing at all to do with bread."

"What then?"

"*Eucharistia* means to give thanks or to say a blessing."

"So why do people think it's the bread?"

"It was what Messiah said over the bread. It's what the Jewish people have said over the bread for ages. It was the Hebrew blessing known as the *Motzi*. He said, '*Baruch atah Adonai, Elohaynu Melekh Ha Olam, ha motzi lechem min ha aretz,*' which means, 'Blessed are You, Lord our God, King of the Universe, who brings forth bread from the earth.' "

"So it's not the bread but the blessing of thanks He gave over the bread."

"Yes," said the teacher. "And what does that tell you?"

"That life is not about things."

"Yes. It tells you that your life does not consist of objects, but of the blessings you say over them . . . the thanks you say over them. You see, it doesn't matter how much or little you have on earth. What matters is how much thanks you give for what you have. The one who is rich in possessions but poor in thankfulness is, in the end, poor. But the one who is poor in possessions but rich in giving thanks is, in the end, rich. And what was the bread over which Messiah gave thanks? It was the symbol of His suffering and death. Yet He spoke a blessing over it and gave thanks for it. For those who give thanks in all things have the power to turn curses into blessings and sorrows into joy . . . the power of the *eucharistia*."

Seek today not to increase what you have, but to increase your thanks for what you have. Give thanks in all things. The greater your thanksgiving, the greater will be your life. Psalm 136; Luke 22:14-23; 1 Timothy 6:6-8

*Jonathan Cahn is a New York Times bestselling author. He is the leader of the Hope of the World Ministries and also leads the Jerusalem Center/Beth Israel in Wayne, New Jersey, a worship center composed of Jew and Gentile, people of all nations. His reflection above might comfort us in these times when we cannot meet together to celebrate Eucharist.*

## First Sunday of August

### Open Offering recipient for August: Homeward Bound

Homeward Bound is a nonprofit organization with the goal of ending homelessness in WNC, believing that housing is a basic human right. It uses the Housing First model, the most effective, cost-efficient, sustainable, and humane intervention for homelessness. Persons experiencing homelessness are housed as quickly as possible and immediately offered support and resources for maintaining housing stability. Homeward Bound's success rate is impressive: 89% of the more than two thousand people housed since 2006 have remained in permanent housing.

Homeward Bound also operates a day center, WNC's only day center for the homeless. Located at 19 N. Ann St. in Asheville, AHOPE is open from 8:00 a.m. to 3:00 p.m. on weekdays. (Wednesday's hours 8:00-11:30 a.m.) AHOPE offers services such as showers, phones, storage, a mailing address, and above all, a safe place. Often as many as two hundred homeless persons are served in a day. Nearly everyone experiencing homelessness in our area comes through AHOPE, which, as a connection to community resources, is the first stop in the journey to permanent housing.

Homeward Bound has a Path Outreach team which reaches the most vulnerable homeless individuals living on the streets. It connects them with permanent housing, healthcare,

disability income, and community mental health services. Woodfin Apartments is another Homeward Bound program. This facility provides shelter for chronically homeless individuals, those homeless for at least one year and struggle with one or more disabling conditions.

Holy Spirit Church members are probably most familiar with Room in the Inn. This is Homeward Bound's only shelter option: twelve women are housed in a church setting, who, for a variety of reasons, are not able to stay at a regular shelter. This model has changed dramatically since the COVID epidemic began. The women in the Homeward Bound program, along with another fifty-three highly vulnerable homeless persons, have been housed at the Red Roof Inn in West Asheville. It's not yet clear whether Room in the Inn will return to the former arrangement of placing women in participating churches.

The Welcome Home donation center at 205 Elk Park Drive in Woodfin is a drop-off program for donations to formerly homeless persons going into permanent housing. Often these people have nothing to furnish an apartment and need anything: kitchen equipment (cooking utensils, dishes, glasses, silverware), bedding of all sorts, towels, rugs, lamps, furniture, cleaning supplies, toiletries, etc. You may drop off used items taking up space in your house or purchase new items to donate. The Center is open to receive donations from 9:00 a.m. to 12:00 noon, Monday through Friday. Watch ECHS news for a possible donation drive.

Please give GENEROUSLY to this successful, much needed program. More information about Homeward Bound can be found on its website, including opportunities for volunteering: [homewardboundwnc.org](http://homewardboundwnc.org)

## Ministry Schedule for August

Is your name on this schedule? Print, cut out, and post!

ZOOM MINISTRY SCHEDULE AUGUST 2020						
DATE:	AUG. 2	AUG. 9	AUG. 16	AUG. 23	AUG. 30	SEPT. 6
PSALM READER	Colleen Boll	Ed Caskey	Claire Gillespie	Carol Van Voorhis	Margie Haaga	Nancy Larkin
CANTICLE READER	Peggy Barnes	Kent Self	Gail Kase	Ingrid Diederer	Susan Singleton	Pam McNally
PRAYER LEADER	Nancy Larkin	Lynda Miller	Peggy Wilson	Amanda Hilty	Ann Smith	Ingrid Diederer
PRELUDE MUSICIAN	Mark Holland	Suzan Bergland	Jan Mallindine	Ann Smith	The Haaga's	Debra Alexander
SONG AFTER THE REFLECTION	Jan Mallindine	The Haaga's	Debra Alexander	Mark Holland	Suzan Bergland	Jan Mallindine
VESTRY REP	Jim Woodruff	Lynda Miller	Dick Jordan	Lorraine Hilty	Nancy Larkin	Pam McNally

## August Birthdays

John Matthews ..... 1	Barby McQueen..... 6	John Doran ..... 14
Samuel Reilly ..... 1	Julie Johnson ..... 8	Nathan McMahan .... 18
Logan Tuck ..... 2	Charles Kinsey III ..... 11	Molly Hare ..... 22
Brian Hollister ..... 3	Susan Sewell ..... 12	Kevin Caskey ..... 22
Tyler Terry..... 5	David Bergland..... 12	Ben Smith ..... 25
Joanne Cate ..... 6	Emily Carlson ..... 13	* Virginia Gillespie .... 31

\* About Virginia Gillespie: She turns 98 years old this August. She's lived almost a century!

## Our 2021 Women's Retreat

**Good news!** The dates for the 2021 Women's Retreat have been decided:

**October 15-17, 2021.** The deposit we made for the 2020 retreat (which couldn't happen) has been rolled over to 2021.

God willing, a vaccine will be developed and made available to us all before next year's October. We can hope and pray.

So right now, immediately write these dates on your calendar, pray for that vaccine, and start socking away your dollars. (We can hope the Lake Logan rates won't change.)

Also, women, be thinking about what kind of program you might like to have at our 2021 retreat. Maybe a refresher course on hugging?

Blessings to you all,  
Peggy Wilson



Photo courtesy of Jim Thorsen

*Just a year ago the women's group enjoyed a satisfying Saturday brunch at the home of Nancy Larkin. A nostalgic remembrance of a time when we could get together, stand next to one another, exchange hugs. Those times will return to us . . . and seem sweeter.*

## *GO ON A DREAM PILGRIMAGE*

**With Dianne Harper**

I see this time we are in as one of Pilgrimage. To be a pilgrim you leave what you know and step out into unknowing, learning to trust the stranger, within and without, to be your guide and your help. And when the journey is completed, the person you meet in that new place will be a stranger to the old you, someone with new experiences, new ideas, and a new path forward. Right now we are only beginning, perhaps we are even only beginning to begin.

What tools do we have for our Pilgrimage if we lack a map, an oar, supplies? First, we have presence. We must be brave enough to be present to the here and now, to see it with wonder rather than judgement. To be fully present is the bedrock of the journey.

Second, we must have trust in the Holy that guides our path and always holds us. If we are present and listen closely we will see, feel, hear the next step to take.

Finally, we have Love. The love that brought us into being, that holds us as we journey—that is the endpoint toward which we move. Love is the beginning and the end — and everything in between. If we have the willingness to be present and put our trust in Love, we cannot be lost, and what is broken can be made new. When I am fully present, this voice of love speaks to me. It guides my steps with serendipity, synchronicity, nudges, dreams, perhaps a line from a book or poem. Pilgrimage is the act of letting go of whatever blocks that voice.

I have been on chosen pilgrimages, but once I was on a pilgrimage I barely was aware of. I was lost, struggling, trying to make something right that could not be made right: it could only be made new. I had a dream— a nightmare really— in which my family was trying to kill me. As I began to escape, I realized I had left my purse. Running back, I grabbed it and then escaped.

I was tempted to analyze this story— it resonated so strongly with me! But I had participated in a Jungian dream training program which taught that dreams and nightmares were not stories to be figured out or solved, but the Soul's way of telling us via images something we needed to know. In this process one works with an image that has particular energy. That dream purse spoke to me, loudly. And I understood that the purse held my true name. No wonder I had risked my life for it! A week after my dream, my sister died. It was a difficult time in my family, one which I could not have gotten through without my true name to hold on to. I emerged from that time of pilgrimage as someone new, a stranger to my old self, standing on a different shore than the one I had left behind.

Pilgrims! Will you join me in a Dream Group Via Zoom? Three to eight persons.

**Mondays 12:00-1:30, starting August 10**

Four sessions with the option to continue on. (No cost to participation in the Dream Group. However, it's necessary to have access to Zoom.) Contact Dianne Harper at harper\_dianne@hotmail.com